

Community Calendar

The Massena Senior Citizens Center triad council meets the First Thursday each month at 1:30pm at the new Massena Community Center senior wing for info call 769-3577

The Bariatric Support Group meets on the First Thursday of each month at 7pm in the HR Conference room in Claxton-Hepburn Medical Center. For info call 393-8880X 5249

Breast Feeding support group meets the first Tuesday of the month from 10am to 11:30am in the Boardroom, Main level at Massena Memorial Hospital. For more info please call 769-4349.

Quad Town Senior Citizens Meetings first Tuesday of the month at 7pm covered dish at 6pm for all info call 764-5141.

The Richard E. Winter Cancer Treatment Center is offering free monthly Women's and Men's Cancer support group meetings the third Wednesday of the month at 6:00pm, held in the Lobby of the Center in Ogdensburg. All are welcome. For more info call the Cancer Center at 315-393-2314.

The Public Health Department offers HIV testing and Counseling Services as well as a STD Clinic in Canton, Massena, Gouverneur and Ogdensburg. Appointments are **required** and a \$5.00 donation is appreciated. Please call 1-800-561-6057 for more information on dates and locations.

Claxton-Hepburn Medical center offers a free Diabetes Education Program from 4-5pm the third Thursday of each month in the auditorium, on the Mansion Ave side of the Annex building. For more information please call 315-393-8880 ext 5181

Claxton-Hepburn Medical center offers a free Ostomy support group at 6pm the third Thursday of each month in the kitchen on the 2nd floor of the old mental health unit. For more information please call 315-393-8880 ext 5181

Claxton-Hepburn Medical Center and Hospice have teamed up to offer grief education and discussion called the Healing Circle from 6:30 to 7:30pm the first Wednesday of each month in the auditorium. For more information please call 315-265-3105

Massena Memorial Hospital Outreach Services offers Skin Tumor/Lesion Detection Clinic the 2nd Wednesday of the month form 9-11am . For an appointment please call (315) 769-4340

If you or someone you know feels Stressed, Worried, Angry, Frightened, Anxious, Hopeless, Depressed, Resentful, or defeated there is a way to recover! Emotions Anonymous is free to the public and open for all ages. The group meets every Sunday morning @ 11am except for holidays. For more info please call MMH Public Relations @ 769-4305.

The St. Lawrence Co. Council of Seniors holds their monthly meetings at the Potsdam American Legion hall on Route 345 the second Thursday of the month at 10am.

Woman of the Moose lodge #729 are having their meetings again @ the lodge on Ames St. in Massena, the 2 and 4th Tuesdays of the month. New members are welcome

The Massena Triad Council meets the first Thursday of the month in the community center at 1:30pm.

The Massena Cottonwood Cloggers are still accepting new people for it's beginning lessons. They meet every Tuesday from 6:30 to 7:30 in the basement of the United Methodist Church Fellowship Hall. If you have any questions, or want to find out more about the Cottonwood Cloggers please come and join or call 250-8907. **All ages** are welcome!

February 26th

The St. Lawrence River Walleye Association will hold its 4th annual Northern Pike Challenge Tomorrow from 7am to 3pm on the St. Lawrence River in Waddington. Registration starts at 3am at the Louisville VFD on Route 37 for the towns of Massena and Louisville. Cost is \$25 for adult division and \$5 for youth Division.

Hawkins Point will continue with its free Friday matinee's at 1:30pm. Today's film will be "The Time Travelers Wife".

The Norwood High School student Council is sponsoring the 3rd annual talent/lip Sync Contest tonight at 7pm in the high School auditorium. Cost is \$5 for adults, \$3 for seniors and students

Parishville Hill toppers will be holding a dance at the Fireman's Hall tonight from 7-11pm, cost is \$3

Madrid Waddington will be holding its winter carnival tonight in the elementary gym costs are \$1 or adults, \$.50 for kids and 4 and under are free, and must be accompanied by an adult.

February 27th

The West Potsdam Fire Department will be holding a Gun show at the Bingo Hall on Blanchard Rd today from 9-5

The St. Lawrence River Walleye Association will hold its 4th annual Northern Pike Challenge today from 7am to 3pm on the St. Lawrence River in Waddington. Registration starts at 3am at the Louisville VFD on Route 37 for the towns of Massena and Louisville. Cost is \$25 for adult division and \$5 for youth Division.

The Louisville VFD is holding a spaghetti Dinner at the station on rt. 37, from 4-7pm today. Cost is \$8 for adults, \$5 for children and under 5 are free.

There will be a American red cross professional Rescuer Course at the NNY Red Cross office, 73 market Street Potsdam beginning at 9am. Cost is \$65.

Pierrepont VFD will be holding their 35th annual pig roast today at the fire station/Hall, starting at noon. Cost is \$8 for adults, \$7.50 for seniors, \$3.50 for children and under 5 are free.

The 7th annual SNOLF Tournament to benefit the SPCA will happen today at Father Martin Field, Hasbrouck St. Ogdensburg. Tee times are 10am and 2pm. Cost is \$25 per person. For more info please call Jennifer Stevenson at 323-2512

February 28th

The West Potsdam Fire Department will be holding a Gun show at the Bingo Hall on Blanchard Rd today from 9-3

Shamrock Figure Skating Club presents Island getaway today at 2pm in the Salmon River Central Arena at 2pm. Cost is \$3 for adults and \$2 for students.

March 1st

St. Lawrence County Public Health Dept. will be holding an Immunization Clinic from 9:30-12:30 at the Ogdensburg Satellite Office. A suggested donation of \$5 would be appreciated. For more info call 386-2325

Norwood-Norfolk Youth Baseball will be holding registration for T-ball, Minor league, and Major League today from 6-8pm at the Raymondville Community Hall.

NNCS class of 2010 will be holding a meeting tonight at 6pm in the high school Cafeteria regarding the all night drug & alcohol free party. Parents and student are encouraged to attend

The WIC New People Clinic, (Canton) will be held at 3 Remington Ave, Canton from 7:15am-4:15pm

March 2nd

The Village of Massena Zoning board will meet tonight at 5pm

MMH is hosting a Quit Tobacco Workshop today at 4pm in the lower level conference room.

Ticket for the Massena Senior Citizen's Chicken & biscuit dinner on March 18th at 5:30 are now on sale. Cost is \$7.50. Call 769-7810 for more info.

The WIC Massena will be held at 61 Beech St., Massena from 8:00am-3:30pm

A Blood Pressure Clinic will be held at Heuvelton Meadowview Apts. from 1:30 to 3. Age 18 and up may attend. A \$5 donation would be appreciated to help defray costs. For more info please call 386-2325.

Breast Feeding support group meets the first Tuesday of the month from 10am to 11:30am in the Boardroom, Main level at Massena Memorial Hospital. For more info please call 769-4349.

Quad Town Senior Citizens Meetings first Tuesday of the month at 7pm covered dish at 6pm for all info call 764-5141.

March 3rd

The WIC Massena will be held at 61 Beech St., Massena from 8:00am-3:30pm

St. Lawrence County Public Health Dept. will be holding an Immunization Clinic from 9:30-12:30 at the Canton Human Service Center. A suggested donation of \$5 would be appreciated. For more info call 386-2325

MMH is holding a blood drive today in the community education room from 11-4pm today. you must be at least 17, weigh at least 110 lbs, feeling well the day of donation, or can't have had a tattoo or piercing in the last year

A Blood Pressure Clinic will be held at Waddington Hamilton Gardens from 1:30 to 3:30. Age 18 and up may attend. A \$5 donation would be appreciated to help defray costs. For more info please call 386-2325.

Massena Senior citizen's board of directors will hold their monthly meeting today at 1:30.

Claxton-Hepburn Medical Center and Hospice have teamed up to offer grief education and discussion called the Healing Circle from 6:30 to 7:30pm the first Wednesday of each month in the auditorium. For more information please call 315-265-3105

March 4th

The Tobacco Cessation Center of NNY is offering a 7week smoking cessation program tonight from 5:30 to 7:30 tonight's session is "Remaining a non-smoker" registration is required by calling 315-261-5436. The Program is free.

Norwood-Norfolk Youth Baseball will be holding registration for T-ball, Minor league, and Major League today from 6-8pm at the Raymondville Community Hall.

The WIC Massena will be held at 61 Beech St., Massena from 8:00am-3:30pm

A Blood Pressure Clinic will be held at Ogdensburg Riverview Towers from 10 to 11. Age 18 and up may attend. A \$5 donation would be appreciated to help defray costs. For more info please call 386-2325.

St. Lawrence County Public Health Dept. Travel clinic will be at The Canton Human Services Center from 10-4, for immunization needed to travel abroad. Appointments must be made. Cost is the amount of the vaccines. For more info call 386-2325

The Salvation Army Boutique will be holding a ½ price sale on all sweaters and coats today.

The First Presbyterian Church is holding an all you can eat spaghetti Dinner from 5-7pm today. Cost is \$7 for adults, \$6 for children/seniors and under 5 and over 90 are free. Take outs are available call 386-3549

First United Methodist Church will be holding a community fellowship meal from 4:30 to 6pm today. all are welcome and this meal is free.

The Massena Senior Citizens Center triad council meets the First Thursday each month at 1:30pm at the new Massena Community Center senior wing for info call 769-3577

The Bariatric Support Group meets on the First Thursday of each month at 7pm in the HR Conference room in Claxton-Hepburn Medical Center. For info call 393-8880X 5249

March 5th

Massena Seniors will be holding social afternoon in the community center at 2pm today. March birthdays will be celebrated

The Salvation Army Boutique will be holding a ½ price sale on all sweaters and coats today.

Louisville Trivia night will be held tonight at the Rod and Gun Club tonight at 7pm. to sign up or for more info please call 764-7473

March 6th

The Friends of the Nature Center will be holding an “Adult Felting Class” event today from 1 to 3pm. This event costs \$8. Please call 764-5630 for more info.

Cranberry Lake Vol. Fire & Rescue is holding an ice fishing derby today from 7am to 3pm Cost is \$30 for adults and \$10 for kids. Registration starts at 4am @ the Fire Hall. Prizes will be awarded, must be present to win.

Oxbox VFD will be hosting a “Spring-break Dance” from 9:30 to 1:30am. Cost is \$3 per person and \$5 per couple, to benefit the firefighters health and welfare fund.

March 7th

Crary Mills Tri Town Community Center is holding a pork lion dinner today from noon to 3pm. Cost is \$8 for adults, kids 5 and under are free.

Fort Covington Adult Center is holding an all you can eat pancake Breakfast today from 8 to noon. Cost is \$6 for adults, \$3 for kids, and 5 and under are free.

March 8th

The WIC Brasher Falls Clinic will be held at the Brasher Fall’s Knights of Columbus at 138 County Route 50 from 8am-**Noon**

St. Lawrence County Public Health Dept. will be holding an Immunization Clinic from 1:00-4:00 at the Gouverneur Satellite Office. A suggested donation of \$5 would be appreciated. For more info call 386-2325

March 9th

The WIC Ogdensburg will be held at Presbyterian Church 423 Ford St. from 8am-3:30pm

Today is the last day to make reservations for the AARP chapter #2831 luncheon and meeting to be held on March 16th at 1:30

March 10th

The Village of Massena planning board will meet tonight at 5pm

The WIC Ogdensburg will be held at Presbyterian Church 423 Ford St. from 8am-3:30pm

St. Lawrence County Public Health Dept. will be holding an Immunization Clinic from 9:30-12:30 at the Massena Satellite Office. A suggested donation of \$5 would be appreciated. For more info call 386-2325

Massena Senior citizen's will hold their monthly membership meeting today at 1:30.

Massena Memorial Hospital Outreach Services offers Skin Tumor/Lesion Detection Clinic the 2nd Wednesday of the month from 9-11am. For an appointment please call (315) 769-4340

Music 11th

The WIC Ogdensburg will be held at Presbyterian Church 423 Ford St. from 8am-3:30pm

A Blood Pressure Clinic will be held at Canton Grasse River Apts. from 9:30 to 11:30 and at Morristown Fire Hall from 11:30 to 12:30. Age 18 and up may attend. A \$5 donation would be appreciated to help defray costs. For more info please call 386-2325.

St. Lawrence County Public Health Dept. Travel clinic will be at The Canton Human Services Center from 10-4, for immunization needed to travel abroad. Appointments must be made. Cost is the amount of the vaccines. For more info call 386-2325

First United Methodist Church will be holding a community fellowship meal from 4:30 to 6pm today. all are welcome and this meal is free.

Massena Aluminum historical association will meet at 1pm and The St. Law. Co. Chapter of NYS Women will meet at 6pm at the Massena Museum today.

March 12th

The WIC Massena will be held at 61 Beech St., Massena from 8:15am-2:30pm

A Blood Pressure Clinic will be held at Massena Sr. Citizen's Center from 10 to 11. Age 18 and up may attend. A \$5 donation would be appreciated to help defray costs. For more info please call 386-2325.

March 13th

The Friends of the Nature Center will be holding a "Moonlight Ski & Snowshoe" event today from 6:30 to 8:30pm. This event is free except for rentals. Please call 764-5630 for more info.

There will be a "we are the world: Haiti disaster relief benefit concert" tonight at the Ogdensburg Free Academy tonight from 7-9:15pm. suggested donation is \$7 for adults and \$3 for children.

UMC of Norfolk will be holding a ham dinner tonight at 5pm. Donations are accepted but not expected

March 14th

Herman Fire hall is holding an all you can eat breakfast from 8:30 to 11am. Cost is \$5.50

Madrid VFD will be holding its 58th annual St. Patrick's Turkey dinner today from 11am to 2pm. cost is \$8 for adults and \$6 for children.

March 15th

The WIC Potsdam will be held at Koinonia Church 33 Grant St. from 8:00am-3:30pm

March 16th

The Friends of the Nature Center will be holding its monthly meeting tonight at 6pm

The Village of Massena Zoning board will meet tonight at 5pm

MMH is hosting a Quit Tobacco Workshop today at 4pm in the lower level conference room.

Ticket for the Massena Senior Citizen's Chicken & biscuit dinner on March 18th at 5:30 are now on sale. Cost is \$7.50. Call 769-7810 for more info.

The WIC Potsdam will be held at Koinonia Church 33 Grant St. from 8:00am-3:30pm

March 17th

Tender touches birthing center @ MMH is holding Free Childbirth Preparation Classes to mothers 20 weeks of more. A fee of \$45 will be charged to mothers choosing to deliver at another hospital.

The WIC Canton will be held at 3 Remington Ave, Canton from 7:15am-4:15pm

A Blood Pressure Clinic will be held at Ogdensburg Parkview Rise from 10 to 11. Age 18 and up may attend. A \$5 donation would be appreciated to help defray costs. For more info please call 386-2325.

March 18th

The Tobacco Cessation Center of NNY is offering a 7week smoking cessation program tonight from 5:30 to 7:30 tonight's session is "Developing a personal action plan for staying Quit" registration is required by calling 315-261-5436. The Program is free.

The Massena Senior Citizen's Chicken & biscuit dinner will be held tonight at 5:30. Cost is \$7.50 Call 769-7810 for more info.

The WIC Canton will be held at 3 Remington Ave, Canton from 7:15am-4:15pm

St. Lawrence County Public Health Dept. Travel clinic will be at The Canton Human Services Center from 10-4, for immunization needed to travel abroad. Appointments must be made. Cost is the amount of the vaccines. For more info call 386-2325

St. Lawrence County Public Health Dept. Rabies clinic will be at the Canton Human Services Bldg. from 2pm-4pm. Dogs and Cat must be at least 4 months old. All pets should have a collar and leash. Proof of current 3 year vaccination is

required for all animals, the tag is not proof. A suggested \$5 donation would be appreciated. For more info call 386-2325

Claxton-Hepburn Medical center offers a free Diabetes Education Program from 4-5pm the third Thursday of each month in the auditorium, on the Mansion Ave side of the Annex building. For more information please call 315-393-8880 ext 5181

Claxton-Hepburn Medical center offers a free Ostomy support group at 6pm the third Thursday of each month in the kitchen on the 2nd floor of the old mental health unit. For more information please call 315-393-8880 ext 5181

March 19th

The WIC Canton will be held at 3 Remington Ave, Canton from 7:15am-4:15pm

A Blood Pressure Clinic will be held at Brasher Sr. Housing from 9:30 to 11:30. Age 18 and up may attend. A \$5 donation would be appreciated to help defray costs. For more info please call 386-2325.

March 20th

The Friends of the Nature Center will be holding a "Kids Spring Solstice Party" event today from 1 to 3pm. This event costs \$8. Please call 764-5630 for more info.

March 21st

March 22nd

The WIC Clinic will be held at Gouverneur Methodist Church from 8:00am-3:30pm

St. Lawrence County Public Health Dept. will be holding an Immunization Clinic from 9:30 to 12:30 the Potsdam New Hope Community Church. A suggested donation of \$5 would be appreciated. For more info call 386-2325. **The Varicella(chicken Pox) vaccine is not available at this clinic**

March 23rd

The WIC Clinic will be held at Gouverneur Methodist Church from 8:00am-3:30pm

The Massena Chamber of Commerce will be holding its 78th annual dinner at the Knights of Columbus starting at 5pm. Price is \$29 per person and is limited to 250 people.

March 24th

The Village of Massena planning board will meet tonight at 5pm

A Blood Pressure Clinic will be held at DeKalb Nutrition Site from 11 to 12. Age 18 and up may attend. A \$5 donation would be appreciated to help defray costs. For more info please call 386-2325.

March 25th

The WIC Heuvelton will be held at Heuvelton Town Hall on State St. from 8:30am-Noon

St. Lawrence County Public Health Dept. will be holding an Immunization Clinic from 1:30-3:30 at the Star Lake Community Center. **This clinic is by appointment only, Please call 848-2846 or 287-0920 for an appointment. The Varicella(chicken Pox) vaccine is not available at this clinic**

A Blood Pressure Clinic will be held at Star Lake Community Center today from 11 to 12. Age 18 and up may attend. A \$5 Donation would be appreciated to help defray costs. For more info please call 386-2325.

St. Lawrence County Public Health Dept. Travel clinic will be at The Canton Human Services Center from 10-4, for immunization needed to travel abroad. Appointments must be made. Cost is the amount of the vaccines. For more info call 386-2325

First United Methodist Church will be holding a community fellowship meal from 4:30 to 6pm today. all are welcome and this meal is free.

March 26th

The WIC Clinic will be held at Norfolk Hepburn Library from 8:00am-3:30pm

March 27th

The Friends of the Nature Center will be holding a "Moonlight Ski & Snowshoe" event today from 6:30 to 8:30pm. This event is free except for rentals. Please call 764-5630 for more info.

The Moose lodge will be having a Chicken BBQ dinner today starting at 11am. Cost is \$8 per plate.

March 28th

March 29th

March 30th

MMH is hosting a Quit Tobacco Workshop today at 4pm in the lower level conference room.

March 31st

The Massena Senior Citizens will sponsor an AARP safe driving class today and tomorrow from 5pm to 9pm. You must attend both classes. Cost is \$12 for AARP members and \$14 for non-members.

April 1st

The Massena Senior Citizens will sponsor an AARP safe driving class from 5pm to 9pm. You must have attended yesterday's class.

The Tobacco Cessation Center of NNY is offering a 7week smoking cessation program tonight from 5:30 to 7:30 tonight's session is "Your future as a non smoker" registration is required by calling 315-261-5436. The Program is free.

April 6th

The Village of Massena Zoning board will meet tonight at 5pm

April 7th

The Massena Senior Citizens will sponsor an AARP safe driving class today and tomorrow from 9am to 1pm. You must attend both classes. Cost is \$12 for AARP members and \$14 for non-members.

April 8th

The Massena Senior Citizens will sponsor an AARP safe driving class from 9am-1pm. You must have attended yesterday's class.

April 11th

Herman Fire hall is holding an all you can eat breakfast from 8:30 to 11am. Cost is \$5.50

April 13th

MMH is hosting a Quit Tobacco Workshop today at 4pm in the lower level conference room.

April 14th

The Village of Massena planning board will meet tonight at 5pm

April 20th

The Village of Massena Zoning board will meet tonight at 5pm

April 21st

Tender touches birthing center @ MMH is holding Free Childbirth Preparation Classes to mothers 20 weeks of more. A fee of \$45 will be charged to mothers choosing to deliver at another hospital.

April 27th

MMH is hosting a Quit Tobacco Workshop today at 4pm in the lower level conference room.

April 28th

The Village of Massena planning board will meet tonight at 5pm

May 11th

MMH is hosting a Quit Tobacco Workshop today at 4pm in the lower level conference room.

May 25th

MMH is hosting a Quit Tobacco Workshop today at 4pm in the lower level conference room.

May 26th

Tender touches birthing center @ MMH is holding Free Childbirth Preparation Classes to mothers 20 weeks of more. A fee of \$45 will be charged to mothers choosing to deliver at another hospital.

June 8th

MMH is hosting a Quit Tobacco Workshop today at 4pm in the lower level conference room.

June 22nd

MMH is hosting a Quit Tobacco Workshop today at 4pm in the lower level conference room.

June 30th

Tender touches birthing center @ MMH is holding Free Childbirth Preparation Classes to mothers 20 weeks of more. A fee of \$45 will be charged to mothers choosing to deliver at another hospital.

August 18th

Tender touches birthing center @ MMH is holding Free Childbirth Preparation Classes to mothers 20 weeks of more. A fee of \$45 will be charged to mothers choosing to deliver at another hospital.

September 22nd

Tender touches birthing center @ MMH is holding Free Childbirth Preparation Classes to mothers 20 weeks of more. A fee of \$45 will be charged to mothers choosing to deliver at another hospital.

October 27th

Tender touches birthing center @ MMH is holding Free Childbirth Preparation Classes to mothers 20 weeks of more. A fee of \$45 will be charged to mothers choosing to deliver at another hospital.